



MLC Aquatic Swimming Club



MLC Aquatic Short Course Meet

Saturday 15 July 2023

Proposed National Qualifying Meet

Melbourne Sports & Aquatic Centre Indoor Facility

Male	Qualifying Time	Age	Distance	Stroke	Qualifying Time	Female
Pool Entry: 8.30am			Morning Session Commences 9.40am			
1		13 & U	200	Freestyle		2
3		13 & U	100	Breaststroke		4
5		OPEN	50	Backstroke		6
7		13 & U	100	Butterfly		8
9		13 & U	200	Individual Medley		10
11		OPEN	50	Breaststroke		12
13		13 & U	100	Freestyle		14
15		13 & U	100	Backstroke		16
17		13 & U	200	Butterfly		18
19		13 & U	200	Breaststroke		20
21		OPEN	50	Freestyle		22
23		13 & U	200	Backstroke		24
25		13 & U	100	Individual Medley		26
27		OPEN	50	Butterfly		28
29	5:45	OPEN	400	Individual Medley	6:00	30
SESSION 2						
31	5.30	OPEN	400	Freestyle	5:45	32
33		14 & O	200	Backstroke		34
35		14 & O	100	Individual Medley		36
37		14 & O	100	Butterfly		38
39		14 & O	200	Freestyle		40
41		14 & O	100	Backstroke		42
43		14 & O	100	Freestyle		44
45		14 & O	200	Butterfly		46
47		14 & O	100	Breaststroke		48
49		14 & O	200	Individual Medley		50
51		14 & O	200	Breaststroke		52
53	10:30/18:30	Open	800/1500	Freestyle		10:30/19:00



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Rules & Regulations

1. Entries - \$12.00 per event to registered SV swimmers (includes SV levy). MSAC entry free to all swimmers and spectators
2. Session 1 - 13 & Under events and OPEN 50 and 400 IM.
3. *Event #53, the 800/1500 FREE is a mixed (male/female) event with the 800 and 1500 being swum at the same time. Qualifying times apply. A total of 10 places will be available for this event and MLC Aquatic will make allocations of places once emails are received*
4. *Entries for the 800/1500 Free will only be by email to: mlcaquaticcomps@outlook.com*
5. *Entries for the 800/1500 Free will close by Thursday 6 July...note this is earlier than for other events*
6. *Once a place has been confirmed, swimmers will need to make payment to the MLC Bank account. Details will be provided at the time*
7. 400 Free and 400IM events all have qualifying times.
8. Age of competitors as at 15 July 2023.
9. Entries close midday 8 July 2023 (meet will close earlier if full).
10. **ONLINE ENTRY through Swim Central** is the only method of entry for this meet. If issues with registering please email mlcaquaticcomps@outlook.com
11. No refunds will be given under any circumstances.
12. Meet enquiries to mlcaquaticcomps@outlook.com
13. MLC Aquatic reserves the right to cancel or alter events.
14. The meet will be conducted under the rules of SAL and SV guidelines and is a proposed qualifying meet subject to SV approval.
15. **Please Note: because of squad swimming at MSAC on Saturday, access for competitors and spectators will be from 8:30 a.m. and warm up will start at 9:00 a.m. Session 1 will start at 9:40 a.m. Sharp.**
16. Session 2 will commence 40 minutes after the end of Session 1