

MIL AD Female Short Course Record*							
AGE	DISTANCE	STROKE	TIME	DATE	VENUE	NAME	
7 & Under	50m	Freestyle	44.82	1/07/2014	MSAC	Abannah Torrance	
	50m	Backstroke	57.79	1/07/2014	MSAC	Abannah Torrance	
	50m	Butterfly	58.27	1/07/2014	Wingarrilla	Abannah Torrance	
	50m	Butterfly	1:03.13	1/07/2014	Wingarrilla	Abannah Torrance	
8 years	50m	Freestyle	37.56	30/06/2015	MSAC	Abannah Torrance	
	50m	Backstroke	45.93	30/06/2015	MSAC	Abannah Torrance	
	50m	Backstroke	46.10	30/06/2015	MSAC	Abannah Torrance	
	50m	Breaststroke	49.25	30/06/2015	MSAC	Abannah Torrance	
	50m	Butterfly	45.44	13/07/2015	Wingarrilla	Abannah Torrance	
	50m	IM	1:38.14	13/07/2015	Wingarrilla	Abannah Torrance	
9 years	50m	Freestyle	34.25	28/06/2016	MSAC	Abannah Torrance	
	50m	Freestyle	1:15.71	1/09/2016	Engwood	Abannah Torrance	
	50m	Backstroke	45.18	28/06/2016	Gt Evans	Abannah Torrance	
	50m	Backstroke	1:05.61	1/09/2016	Engwood	Abannah Torrance	
	50m	Breaststroke	46.12	28/06/2016	Gt Evans	Abannah Torrance	
	50m	Breaststroke	1:16.67	1/09/2016	Engwood	Abannah Torrance	
	50m	Butterfly	38.58	28/06/2016	Gt Evans	Abannah Torrance	
	50m	Butterfly	1:26.69	1/09/2016	Engwood	Abannah Torrance	
10 years	50m	Freestyle	30.33	04/09/2013	MSAC	Remy Walker	
	50m	Freestyle	1:09.66	2/07/2015	MSAC	Abannah Torrance	
	50m	Backstroke	36.55	18/09/2013	MSAC	Remy Walker	
	50m	Backstroke	1:01.41	2/07/2015	MSAC	Abannah Torrance	
	50m	Breaststroke	42.35	1/09/2017	Warmanood	Abannah Torrance	
	50m	Breaststroke	1:26.85	20th-20/09/2013	MSAC	Phillipa Jones	
	50m	Butterfly	35.34	1/09/2017	Warmanood	Abannah Torrance	
	50m	Butterfly	1:24.69	2/07/2015	MSAC	Abannah Torrance	
	50m	IM	1:30.14	18/09/2013	MSAC	Remy Walker	
	50m	IM	2:24.88	17/09/2014	MSAC	Remy Walker	
10 & Under	200m	Freestyle	2:52.83	17/09/2014	MSAC	Johanna Stadthaus	
	200m	Freestyle	2:51.98	20th-19/09/2013	MSAC	Remy Walker	
	200m	Breaststroke	3:18.20	04/09/2013	MSAC	Remy Walker	
	200m	IM	2:51.06	2-3/08/2014	MSAC	Olivia Franc	
11 years	50m	Freestyle	28.97	07/09/2008	MSAC	Janina Schiela	
	50m	Freestyle	1:05.51	28/08/2008	MSAC	Janina Schiela	
	200m	Freestyle	2:15.93	18/09/2008	MSAC	Janina Schiela	
	200m	Freestyle	2:01.68	2/07/2015	MSAC	Janina Schiela	
	50m	Backstroke	1:10.53	07/09/2008	MSAC	Janina Schiela	
	50m	Backstroke	1:02.61	28/08/2008	MSAC	Janina Schiela	
	50m	Breaststroke	58.65	08/09/2010	Warmanood	Abannah Torrance	
	50m	Breaststroke	1:26.81	28/08/2010	Warmanood	Abannah Torrance	
	200m	Breaststroke	2:02.12	2-1/08/2014	MSAC	Janina Schiela	
	200m	Breaststroke	1:58.21	2/07/2015	MSAC	Janina Schiela	
	50m	Butterfly	1:06.21	28/07/2008	MSAC	Janina Schiela	
	50m	Butterfly	2:02.14	28/08/2008	MSAC	Janina Schiela	
	50m	IM	1:12.20	07/09/2008	MSAC	Janina Schiela	
	200m	IM	3:38.55	07/09/2008	MSAC	Janina Schiela	
	12 years	50m	Freestyle	37.64	18/09/2013	Carberra	Abannah Torrance
50m		Freestyle	58.59	02/07/2009	MSAC	Janina Schiela	
50m		Freestyle	2:03.44	18/07/2009	MSAC	Janina Schiela	
50m		Backstroke	51.59	15/09/2010	Carberra	Abannah Torrance	
50m		Backstroke	1:06.64	18/09/2009	MSAC	Janina Schiela	
200m		Backstroke	2:20.55	02/09/2011	MSAC	Abannah Torrance	
50m		Breaststroke	34.20	04/09/2010	MSAC	Abannah Torrance	
50m		Breaststroke	1:14.62	17/07/2010	MSAC	Abannah Torrance	
50m		Breaststroke	2:00.79	17/07/2010	MSAC	Abannah Torrance	
50m		Butterfly	29.75	1/07/2010	Carberra	Abannah Torrance	
50m		Butterfly	1:06.61	18/09/2009	MSAC	Janina Schiela	
200m		Butterfly	2:17.23	04/09/2009	MSAC	Janina Schiela	
200m		IM	1:08.67	18/07/2010	MSAC	Lily East	
200m		IM	2:34.30	18/07/2009	MSAC	Janina Schiela	
12 & Under		400m	Freestyle	4:31.13	06/09/2009	MSAC	Janina Schiela
	400m	Freestyle	38.29.35	13/09/2013	MSAC	Janina Schiela	
	1:500m	Freestyle	1:35.49	18/07/2011	MSAC	Lily East	
	50m	Freestyle	37.54	18/09/2010	Carberra	Janina Schiela	
	100m	Freestyle	57.98	28/08/2010	MSAC	Janina Schiela	
	200m	Freestyle	2:08.44	28/08/2010	MSAC	Janina Schiela	
	400m	Freestyle	4:41.18	13/09/2010	MSAC	Janina Schiela	
	800m	Freestyle	9:29.85	04/09/2011	MSAC	Milla Rudolph	
	1:500m	Freestyle	39.25.55	04/09/2011	MSAC	Milla Rudolph	
	50m	Backstroke	1:04.33	28/08/2010	MSAC	Janina Schiela	
	50m	Backstroke	2:20.25	11th-10/09/2011	MSAC	Janina Schiela	
	50m	Breaststroke	53.37	28/08/2010	SOPAC	Lily East	
50m	Breaststroke	1:26.61	28/08/2010	SOPAC	Lily East		
200m	Breaststroke	2:31.28	27/08/2010	SOPAC	Lily East		
50m	Butterfly	37.87	14-03/09/2011	Carberra	Stephanie White		
100m	Butterfly	1:01.26	27/08/2010	MSAC	Stephanie White		
50m	Butterfly	2:12.11	11th-10/09/2011	MSAC	Stephanie White		
200m	IM	1:04.28	27/08/2010	MSAC	Janina Schiela		
200m	IM	2:34.48	13/09/2011	MSAC	Lily East		
400m	IM	5:04.58	07/08/2010	MSAC	Lily East		
14 years	50m	Freestyle	28.28	17-18/09/2011	Carberra	Larry Soden	
	100m	Freestyle	58.64	18/09/2011	MSAC	Abannah Torrance	
	200m	Freestyle	2:09.27	02/09/2011	MSAC	Stephanie Douglas	
	200m	Freestyle	4:11.77	14/09/2011	MSAC	Stephanie Douglas	
	400m	Freestyle	8:56.48	04/09/2011	MSAC	Kristina Shepherd	
	1:500m	Freestyle	17:54.59	04/09/2011	MSAC	Kristina Shepherd	
	50m	Backstroke	28.45	13/09/2011	SOPAC Sydney	Lily East	
	50m	Backstroke	1:06.76	13/09/2011	SOPAC Sydney	Lily East	
	200m	Backstroke	2:16.25	02/09/2011	SOPAC Sydney	Lily East	
	50m	Breaststroke	1:09.52	02/09/2011	Hawthorn Bay, NZ	Lily East	
	50m	Breaststroke	2:29.57	02/09/2011	Hawthorn Bay, NZ	Lily East	
	50m	Butterfly	27.52	20-21/09/2011	Carberra	Stephanie White	
	50m	Butterfly	1:08.89	14-03/09/2011	Carberra	Stephanie White	
	200m	Butterfly	2:16.59	13/09/2011	MSAC	Stephanie Douglas	
	50m	IM	1:02.51	13/09/2011	Hawthorn Bay, NZ	Lily East	
	200m	IM	2:21.80	13/09/2011	SOPAC Sydney	Lily East	
	50m	IM	3:55.07	10th-10/09/2011	MSAC	Janina Schiela	
	15 years	50m	Freestyle	37.39	02/10/2011	Carberra	Olivia Lofe
100m		Freestyle	54.83	26/10/2011	MSAC	Olivia Lofe	
50m		Freestyle	1:25.33	02/10/2011	Carberra	Olivia Lofe	
100m		Freestyle	4:15.22	02/10/2011	Carberra	Olivia Lofe	
400m		Freestyle	8:26.92	14/10/2011	MSAC	Kristina Shepherd	
1:500m		Freestyle	16:11.18	04/09/2011	MSAC	Kristina Shepherd	
50m		Backstroke	57.38	04/09/2011	Carberra	Olivia Lofe	
100m		Backstroke	59.52	26/10/2011	MSAC	Olivia Lofe	
50m		Backstroke	2:09.83	26/10/2011	MSAC	Olivia Lofe	
50m		Breaststroke	52.92	18/12/2011	MSAC	Abannah Torrance	
50m		Breaststroke	1:09.50	14/09/2011	MSAC	Abannah Torrance	
200m		Breaststroke	2:29.84	04/09/2011	MSAC	Phoebe Ricker	
50m		Butterfly	38.84	19-19/09/2011	Carberra	Stephanie White	
100m		Butterfly	1:03.04	04/10/2011	Carberra	Stephanie Douglas	
50m		Butterfly	2:14.30	04/10/2011	Carberra	Stephanie Douglas	
100m		IM	1:02.87	18/09/2011	MSAC	Olivia Lofe	
50m		IM	2:34.54	04/09/2011	MSAC	Olivia Lofe	
400m		IM	4:53.93	03/09/2011	MSAC	Phoebe Ricker	
16 years		50m	Freestyle	29.34	20-21/09/2011	Carberra	Larry Soden
		100m	Freestyle	58.25	12/09/2011	MSAC	Abannah Torrance
		200m	Freestyle	1:59.73	04/09/2011	MSAC	Olivia Lofe
		200m	Freestyle	4:11.34	04/09/2011	Carberra	Olivia Lofe
	400m	Freestyle	8:42.39	14/09/2011	MSAC	Conor MacClure	
	1:500m	Freestyle	17:29.12	14/09/2011	MSAC	Conor MacClure	
	50m	Backstroke	27.88	26/10/2011	MSAC	Olivia Lofe	
	50m	Backstroke	1:09.52	26/10/2011	MSAC	Olivia Lofe	
	200m	Backstroke	2:08.91	26/10/2011	MSAC	Olivia Lofe	
	50m	Breaststroke	51.83	17/09/2011	Carberra	Olivia Lofe	
	50m	Breaststroke	1:07.83	17/09/2011	Carberra	Olivia Lofe	
	200m	Breaststroke	2:28.49	17/09/2011	Carberra	Olivia Lofe	
	50m	Butterfly	38.50	20-21/09/2011	Carberra	Larry Soden	
	50m	Butterfly	58.62	02/09/2011	SOPAC	Olivia Lofe	
200m	Butterfly	2:11.71	19/09/2011	MSAC	Abannah Torrance		
50m	IM	1:02.13	14/09/2011	MSAC	Olivia Lofe		
200m	IM	2:34.87	20/09/2011	MSAC	Olivia Lofe		
50m	IM	4:34.52	02/09/2011	MSAC	Phoebe Ricker		
17 years	50m	Freestyle	37.95	20/09/2011	MSAC	Abannah Torrance	
	100m	Freestyle	53.79	15/09/2011	MSAC	Olivia Lofe	
	50m	Freestyle	1:25.54	20/09/2011	MSAC	Abannah Torrance	
	100m	Freestyle	4:11.39	2-4/09/2011	MSAC	Conor MacClure	
	400m	Freestyle	8:34.92	15-15/09/2011	MSAC	Conor MacClure	
	1:500m	Freestyle	16:37.13	26/11/2010	MSAC	Kristina Shepherd	
	50m	Backstroke	57.64	07/11/2010	MSAC	Olivia Lofe	
	100m	Backstroke	58.50	20/09/2011	MSAC	Olivia Lofe	
	50m	Backstroke	2:08.23	26/11/2010	MSAC	Olivia Lofe	
	50m	Breaststroke	51.50	15/09/2011	Paris	Olivia Lofe	
	50m	Breaststroke	1:09.47	14/09/2011	Paris	Olivia Lofe	
	200m	Breaststroke	2:21.98	14/09/2011	Paris	Olivia Lofe	
	50m	Butterfly	38.47	14/09/2011	Paris	Olivia Lofe	
	100m	Butterfly	56.54	21/10/2011	MSAC	Olivia Lofe	
	50m	Butterfly	2:11.78	21/09/2011	Adelaide	Abannah Torrance	
	100m	IM	59.23	15/09/2011	MSAC	Olivia Lofe	
	50m	IM	2:06.56	26/10/2011	MSAC	Olivia Lofe	
	400m	IM	4:47.96	20/09/2011	Hawthorn Bay NZ	Abannah Torrance	
	18 years	50m	Freestyle	29.40	20/09/2011	MSAC	Olivia Lofe
		100m	Freestyle	58.23	26/11/2010	MSAC	Larry Soden
200m		Freestyle	1:51.89	06/09/2011	MSAC	Olivia Lofe	
200m		Freestyle	4:14.40	07/09/2011	MSAC	Janina Schiela	
400m		Freestyle	8:42.21	17/09/2011	MSAC	Conor MacClure	
1:500m		Freestyle	16:44.64	08/09/2011	MSAC	Conor MacClure	
50m		Backstroke	28.44	28/09/2011	Hawthorn Bay NZ	Charlie Miller	
50m		Backstroke	1:05.20	26/11/2010	MSAC	Olivia Lofe	
200m		Backstroke	2:15.33	02/09/2011	MSAC	Stephanie White	
50m		Breaststroke	51.89	17/09/2011	Hawthorn Bay NZ	Charlie Miller	
100m		Breaststroke	1:02.55	14/09/2011	MSAC	Olivia Lofe	
200m		Breaststroke	2:31.49	17/09/2011	Hawthorn Bay NZ	Charlie Miller	
50m		Butterfly	38.75	27/11/2010	MSAC	Olivia Lofe	
50m		Butterfly	58.66	27/11/2010	MSAC	Olivia Lofe	
200m		Butterfly	2:10.99	26/11/2010	MSAC	Olivia Lofe	
50m		IM	1:04.80	20/11/2010	MSAC	Olivia Lofe	
200m	IM	2:32.06	27/11/2010	MSAC	Olivia Lofe		
400m	IM	4:44.25	18/09/2011	MSAC	Abannah Torrance		
18 & over	50m	Freestyle	37.50	26/11/2010	MSAC	Larry Soden	
	100m	Freestyle	54.43	26/11/2010	MSAC	Stephanie Douglas	
	200m	Freestyle	1:53.42	07/10/2010	MSAC	Stephanie Douglas	
	400m	Freestyle	4:08.52	15/07/2011	MSAC	Olivia Lofe	
	800m	Freestyle	8:26.94	15/07/2011	MSAC	Olivia Lofe	
	1:500m	Freestyle	16:04.28	20/09/2011	MSAC	Olivia Lofe	
	50m	Backstroke	58.98	14/09/2011	MSAC	Olivia Lofe	
	100m	Backstroke	1:04.09	13/09/2011	SOPAC	Olivia Lofe	
	200m	Backstroke	2:14.42	13/09/2011	SOPAC	Olivia Lofe	
	50m	Breaststroke	54.15	5-9-11/2014	Adelaide	Anu Mera White	
	50m	Breaststroke	1:13.51	12-20/09/2014	Adelaide	Anu Mera White	
	200m	Breaststroke	2:27.11	14/09/2011	MSAC	Olivia Lofe	
	100m	Butterfly	1:02.13	18/09/2011	MSAC	Olivia Lofe	
	50m	Butterfly	2:14.88	18-18/09/2011	MSAC	Anu Mera White	
	100m	IM	1:04.77	5-9-11/2014	Adelaide	Anu Mera White	
	200m	IM	2:38.79	3-3/09/2014	MSAC	Anu Mera White	
	Open	50m	Freestyle	29.34	20-21/09/2011	Carberra	Larry Soden
		100m	Freestyle	58.25	12/09/2011	MSAC	Abannah Torrance
		200m	Freestyle	1:59.73	04/09/2011	MSAC	Olivia Lofe
		200m	Freestyle	4:11.34	04/09/2011	Carberra	Olivia Lofe
		400m	Freestyle	8:42.39	14/09/2011	MSAC	Conor MacClure
		1:500m	Freestyle	17:29.12	14/09/2011	MSAC	Conor MacClure
50m		Backstroke	27.88	26/10/2011	MSAC	Olivia Lofe	
50m		Backstroke	1:09.52	26/10/2011	MSAC	Olivia L	